



BEREAVEMENT SERVICES

GRIEF SUPPORT GROUPS

2025 OFFERINGS

- 1. PRE-LOSS GRIEF SUPPORT GROUP - JAN 7TH, RUNS 10 WEEKS - FULL**
- 2. LOSS OF FAMILY MEMBER OR FRIEND - FEB 12TH RUNS 8 WEEKS - FULL**
- 3. LOSS OF FAMILY MEMBER OR FRIEND - JUNE 11TH RUNS 8 WEEKS - OPEN**
- 4. LOSS OF FAMILY MEMBER OR FRIEND - AUGUST - RUNS 8 WEEKS - OPEN**
- 5. LOSS OF FAMILY MEMBER OR FRIEND - AUGUST - RUNS 8 WEEKS - OPEN**

GROUP SPECIFICS BY NUMBER:

GROUP #1. Virtual - 12-2pm, Dementia focused, Home Health Family Caregivers

GROUP #2. Virtual - 12-1:30pm, in session

GROUP #3. Virtual - 12 - 1:30pm, open registration

GROUP #4. Virtual or In-person Southern Utah Rural Counties, open registration

GROUP #5. In-Person - Evening, open registration

EMAIL - Bereavement @cns-cares.org to register or call 801-425-9739



Caring Connections

A HOPE AND COMFORT IN GRIEF PROGRAM